



WINDSOR SQUARE NEWS

THE NEWSLETTER OF THE WINDSOR SQUARE SPECIAL PLANNING DISTRICT

About 50 Attend Annual Meeting

Vicki Hersh

About 50 residents attended the 2001 annual meeting of the Windsor Square Special Planning District. Outgoing president, Jennifer Delgado, convened the meeting and started with an overview of the past year. In general it was a quiet year with few difficult issues. The greatest accomplishment was another successful home tour. Jennifer acknowledged the efforts of the steering committee as well as the homeowners.

Tom Simplot, District 4 City Council representative, talked about a few developments at the city level. One was the decision to raise rates for water, which he supported by saying it was necessary to pay off bond debt, maintain a safe water system and comply with federal safe-water mandates. Councilman Simplot also reminded residents there is a large project underway to update the city's General Plan and that they can follow developments at www.phoenix.gov. A few residents expressed concern about ongoing traffic issues in the neighborhood and were encouraged to contact his office directly at 602-262-7447.

Community Action Officer, Jon McLachlan, was on hand to talk about crime and other issues affecting Windsor Square. Almost exclusively, crime in our neighborhood consists of burglaries. Residents are reminded to keep doors locked, to check for open windows and that burglar alarms are not effective

unless they are actually used. The average burglar strikes 100 times before being apprehended and can rarely be connected to previous crimes. There have been several reports of nuisance solicitors and Officer McLachlan reiterated that it is not wise to answer the door. It is smarter to acknowledge the solicitor by calling through the door, flashing the porch light or turning up the volume on the television. Solicitors, or anyone looking suspicious, can be reported to the non-emergency (Crime Stop) police line at 602-262-6151.

Lorenzo Perez, Craig DeMarco and Jon Kitchell gave an update on the retail development at the southeast corner of Oregon and Central avenues. The development will consist of the Windsor Restaurant and Churn, an ice cream shop. One current retailer will remain in place for the foreseeable future and there will be one additional retail space available for lease. A grand opening is anticipated in late March, to be preceded by two evenings of fundraisers to benefit St. Francis Xavier school.

A new slate of officers was elected to the Windsor Square Board of Directors. Their names and contact information appear on page 8. Outgoing treasurer Craig Stoffel released the proposed fiscal year budget for 2011-2012 and it was approved by the membership. In closing, President Delgado acknowledged the prior board, in particular the long-time contributions of Ken Furtado and Linda Pollock. In addition to his board efforts, Ken has served as editor of the neighborhood newsletter, the *Windsor Square News*, for 15 years.

Our Pierson Place neighbors now have a monument of their own. After a groundbreaking ceremony on a rainy and chilly early morning in February, the final monument was unveiled in March. It is located on the southwest corner of Third Avenue and Camelback Road.



SEASON FOR SHARING

On behalf of its residents, Windsor Square donated \$250 in December to the annual Season for Sharing Campaign. The Ganett Foundation matches the first \$800,000 donated 50 cents on the dollar. One hundred percent of donations remain in the state and are disbursed to agencies that assist at-risk families, children and the elderly. All administrative and fundraising costs are paid for by the *Arizona Republic* and 12 News.

PRESIDENTS' CORNER

Do you ever think back to what first attracted you to Windsor Square? Personally, I liked the location and the neighborhood's proximity to interesting restaurants, entertainment venues, cultural activities, and even that it is almost equal distance to so many destinations in the Valley. More than all of that, I was drawn to the unique character of the neighborhood. Sure, it might be great to live in a brand new house in one of our many suburbs, which is especially appealing if you enjoy a certain sense of anonymity. But how many neighborhoods in the greater Phoenix area can say they have a sense of community?

I am pleased to accept the role of Windsor Square Board President for the coming year and will make every effort to advance the agenda of the neighborhood. One of my highest priorities is to establish a volunteer pipeline to engage Windsor Square residents and to help deploy them in neighborhood activities. There are a select few people who have always answered the call when there was a neighborhood project, committee or initiative. As a matter of fact, Windsor Square residents would not enjoy its historical designation if it were not for the tireless efforts of a few people. Now is the perfect time to welcome a fresh crop of residents eager to contribute and help preserve our unique sense of community.

How can you get involved? Soon we will form a committee to take our biennial Home Tour from inception to completion, and we'll also be asking for homeowners to open their homes to visitors. The *Windsor Square News* is an ongoing endeavor that keeps us connected, but could use an infusion of eager volunteers to write articles, sell ads and deliver the finished product. The annual Block Party is a fun event, and runs very smoothly when a committee shares the responsibilities. If any of these opportunities appeals to you, contact me at Vicki.hersh@yahoo.com.

Please give strong consideration to getting involved in at least one neighborhood activity this year. Not only will you have a great time with our neighbors, but my past experience tells me that you will find it incredibly satisfying and enjoy a great sense of accomplishment.

Vicki Hersh

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Due to some exciting life changes this year, I have decided to step down as President of the Windsor Square Board of Directors. In leaving, I'd like to thank those who served with me on the Board over the past two years. It was truly a pleasure to work with the people that I did. I would especially like to thank Linda Pollock and Ken Furtado, who were both incredibly helpful in guiding the rest of us with respect to the history and customs of the Board.

Not only did I meet some great people and made friends out of neighbors, but serving on the Board and was a very rewarding experience in other respects. I learned more about the importance of fostering community by getting to know our neighbors, being informed about issues that affect us, and working together to keep our neighborhood safe, beautiful and enjoyable. There are many ways to get involved in our neighborhood and for the past two years I have encouraged others to volunteer their time for Windsor Square as well. I am again asking that those who have a love for this neighborhood get involved. Even if serving on the Board is not for you, there are many committees to join, including Block Watch, the Home Tour and the Annual Block Party. We can all do our part to keep Windsor Square safe, beautiful and enjoyable.

Finally, I'd like to thank all my neighbors for allowing me to serve as President for the past two years. It's been a great experience that I will always look back on fondly.

Jennifer Delgado

Telephone Numbers for Phoenix Police

Emergency: 911

Non-Emergency (Crime Stop): 602-262-6151

Information Desk (no reports or dispatch):
602-262-7626

Community Action Officer Jon McLachlan
 Badge #7553: 602-882-9666 or
jonathan.mclachlan@phoenix.gov

The *Windsor Square News* is published four times a year, in March, June, September and December. Residents and local businesses are invited to contribute news, opinions and information to the editor. Unsigned submissions will not be used. Deadlines are the first Saturday of the month prior to publication. For ad rates, see www.windsorsquarephoenix.org/pdfs/2010adrates.pdf.

P: (602) 350-2771

E: newsblast@windsorsquarephoenix.org

5025 N. Central Ave., PMB 516

Phoenix, AZ 85012-1520

Become a Member of WS Block Watch

Suzanne Dohrer

Are you new to the neighborhood? Is your name on the Block Watch distribution list? Email Suzanne Dohrer, dwlaw@prodigy.net, to be added to the email distribution for Block Watch. If you know a neighbor who does not have email, please assist by sharing Block Watch alerts and news with that neighbor. If you see or hear of something suspicious in the neighborhood, let Suzanne know. When appropriate, she will share it with the Community Action Officer or alert other neighbors to be on the lookout.

Thanks to CAO Jon McLachlan

Our neighborhood benefits greatly from the work of Community Action Officer Jon McLachlan. Officer Jon regularly attends neighborhood gatherings. He shares invaluable insights and keeps us current on issues that impact safety in Windsor Square and the City of Phoenix. If you have questions concerning suspicious or criminal activities or violations of City ordinances, contact Officer Jon.

Crime Stats

AZCentral provides recent data on reported crimes. You can view the data at www.azcentral.com/CrimeMaps. Thanks to your involvement, Windsor Square is a relatively safe neighborhood. Most incidents occur at neighborhood boundaries, on the busy collector and arterial streets near commercial businesses.

Coffee With a Cop Series

On the first Wednesday of each month, the Phoenix Police Department, Squaw Peak Precinct, holds "Coffee with a Cop," from 8:00 A.M. to 9:00 A.M. at nearby Maizie's Café, 4750 N. Central Ave. This event is more likely to continue if citizens respond to this outreach and attend, to learn and share information. If you have a flexible schedule, consider attending the next Coffee with a Cop and tell Block Watch what you learned. The next one is April 6.

Take Action About Solicitor, Traffic & Speed Problems

Officer McLachlan spoke and answered questions at the Annual Meeting for Windsor Square. Several questions focused on solicitors, traffic problems, speeding and violations of "do not enter" postings. According to Officer McLachlan, the Police Department is unaware there is a problem until a concerned neighbor reports it. For traffic and speeding, neighbors can take three steps:

1. Call Speed Enforcement at 602-534-SPEED (7733);
2. E-mail traffic.complaints@phoenix.gov,
3. Call Councilman Tom Simplot's office at 602-262-7447 or email council.district.4@phoenix.gov.

Computer Facilitated Crimes Against Children



The Phoenix Block Watch Advisory Committee has scheduled an April 24 meeting, on the subject of computer facilitated crimes against children. Sgt. Jerry Barker will lead the presentation. The meeting will be held 6:30-8:30 p.m., at the Family Advocacy Center, 2120 N. Central Ave. For more information, email contact@phxblockwatch.org.

Crime Prevention EXPO

The Phoenix Block Watch Advisory Board presents 2011 Crime Prevention EXPO. Registration deadline is March 31, 2011 and participation is limited to the first 200 to register. Walk-ins will not be permitted. The Expo will be held at the Phoenix Police Academy, 10001 S. 15th Ave. Parking is limited; please consider carpooling. Topics will include Gang Squad, Drug Recognition, Interactive DUI Drills and Firearm Training Simulator. Doors open at 7:30 a.m. and the Expo will run from 8:00 a.m. to approximately 1:30 p.m. Registration is free and includes complimentary continental breakfast and lunch. To register, go to <http://phxblockwatch.org> and look for the link on the front page.

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Healthy Awareness (HA) = Feeling Good Now

Tod Miller

Shedding pounds you accumulated in winter begins with having a healthy awareness. A healthy awareness can have that immediate, instant satisfaction kind of high that will assist you in achieving your health and fitness goals. If you're a late-night Oreo muncher, an emotional eater, or you just love to over-indulge, then these tips are for you. What I have learned from many years of Ironman training and Triathlons is that being present in your health choices can assist you in feeling great. And hey, if you're already feeling good, this may help you with feeling even better.

During the 1995 Hawaiian Ironman, while running with five fellow competitors in the energy lab of the Lava Fields, I forgot to hydrate, forgot to suck down my GUs (Carbohydrate solution) and totally blew off pacing and heart rate. I was too busy rushing through this race and not having that healthy awareness of what I needed at that moment in time — just as we may do in our daily lives. You think, I will eat lunch after one more business call, and then it is one more business call. All of a sudden your body is experiencing low blood sugar, you wonder why you can't think and why you feel like you're going to blow up at the next person you meet.

Healthy Awareness is an everyday lifestyle. Eat Right + Sleep Right = Feel Right. How much sleep did I get? What exactly is this food going to do for me? Forget about counting calories, be mindful of portions and ask yourself, how does this food make me feel? Do a one week Feel Good Test. Purchase your fruit of choice from the Organic section and see how your body feels after one week. Go back to the conventional fruit and see if it feels or tastes the same. Buy organic eggs and conventional eggs, then crack them side by side. Do you see the difference? While we're at it, go to bed before 10 and see what a difference that can make mentally and physically.

Feeling good and powerful is developed by one choice at a time. It's a cleansing process. It does not happen in one day, it's a lifestyle. With one healthy choice, your body will feel a little different. Keep making those healthy choices and your body will feel a lot different. It's really cool when my athletes say, "I was going to have that candy, but just did not want it."

What about this exercise thing? Exercise feels awesome and can enrich people's lives. It's crucial to do what you love ... inline skating, bike riding, marathons. Pick an activity that gets the body and blood moving. Another helpful tool is to register for a race or for the volleyball team. Create a goal and be accountable to it. Every workout counts; everything you do counts. In a noteworthy survey done by *Runner's World* magazine, out of 100 people who registered

for the marathon, the majority of those who got to the starting line were able to finish. It's all about getting to the starting line. Strength training is also awesome because of the many physiological changes that happen during the process. Not to mention, it keeps bones strong. If you're having trouble training due to injuries, get a therapeutic massage, hire a qualified coach or do some yoga or self-massage. There is an art and a science to physical activity to ensure enjoyment and not incur injury. Where there is a will, there is a healthy way.

Helpful weight loss and performance tools include:

- 7-8 hours of sleep
- Water - My family likes water with minerals (also includes electrolytes)
- Heart rate monitor (lets you know when burning fat and calories)
- Fibrous fruits in morning (activates digestion)
- Massage therapy (once or twice a month)
- Regular morning exercise (even a brisk walk; get it out of the way, as things happen as the day progresses)

Tod and Vicki Miller, owners of Beyond Massage Therapy and Skin and Whole Body Coaching, love the neighborhood and invite you to stop in.

Letter to the Editor

[This is] about the construction at the end of Oregon & Central. This issue with the new restaurant is really all but out of hand. Every day, construction vehicles are parked up and down the street in front of my property. They use the area to unload tractor trailer trucks, move dumpsters around and have no respect for those living in the neighborhood. One person from the contracting group came by and said, "I am just trying to build a restaurant, why all the complaints?" Over the last week they are unloading heavy equipment, parking up and down the street and again today blocking the fire hydrant. I am sure as soon as they are done we will become public parking for their business.

Come have a look at what I put up with every day. I guess I made a bad investment buying my home in the area, historic or not. I feel like I live in a store parking lot. I discovered that employees from Postino's restaurant at Central and Colter are using the street for parking also. As I am writing this another contractor unloaded his tractors in front of my house and is driving them down to the construction site. I don't think this is right or what our historic neighborhood should be subject to.

Thank you,
Nick on Oregon

Dues Down in 2010

Dues for Windsor Square 2010 fell by about one-third from 2009, with \$4050 collected. Solicitation notices and information forms are hand-delivered to homes every Fall. Dues are voluntary; the suggested amount is \$40 per household. It cost over \$13,000 to "run" Windsor Square in 2010. This included the quarterly newsletter, expenses for the website and NewsBlasts, liability insurance, the Block Party, maintaining the public areas, and more.

Approximately 95 residents contributed dues in 2010, down from 139 in 2009. The breakdown by street is:

2nd Street: 2	6th Street: 2
Colter: 13	Georgia: 4
Medlock: 16	Missouri (all): 10
Orange: 20	Oregon: 20
Pasadena: 13	

If you did not pay dues in 2010, you may still send your contribution to the address on page 2. Thank-you to ...

Mimi Allen	Kristin Anderson
Highty & Tony Ashton	Noelle S. Baker
Cynthia Butler	Ken Novak
Jonathan & Elizabeth Cole	Jennifer Delgado
Robert & Shelly Dunlop	Lynne Epplestone
Rick & Dawn Erickson	Victoria Fimea
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No Left Turn at Missouri Contested

In June, 1998, the City of Phoenix installed the existing “No Left Turn” sign at the corner of 6th Street and Missouri Avenue. As a result of this sign, westbound vehicles may not turn left into Windsor Square.

According to Terry Wilcoxon, of the City of Phoenix Street Transportation Department, the action was based on a survey of only 34 properties, of which 70% voted in favor of installing the sign. Those properties consisted of the homes on the north end of 6th Street and the south side of Georgia Ave., plus four homes that border on 4th Street (but face either Oregon Avenue or Colter Street).

A group of neighbors would like to see the “No Left Turn” sign removed, citing ongoing entrance violations

and unsafe U-turns being made at the gated entrance to La Plaza Circle, just west of 6th Street. They approached the board, and after presenting their case, the board voted in favor of supporting their efforts to remove the sign. According to Wilcoxon, this would only require a simple majority approval (18 homes) of the 34 homes in the original petition area.

Pursuant to the Board’s vote, a poll was initiated online, on Feb. 26. Notification was sent to those residents who subscribe to Windsor Square’s email NewsBlast. The poll asks, “Would you like to see the “No Left Turn” sign at 6th Street and Missouri removed?” Those responding Yes or No are able to indicate whether they live in the original 1998 petition area.

At press time, 50 votes had been cast. The results are shown at the left. So far, an overwhelming majority of respondents supports removal of the signage. The poll will remain active until March 25. If you have not voted and would like to do so, go to <http://survey.constantcontact.com/poll/a07e3h67mowgkmz691e/start.html>. More than a single vote from the same IP address will not be counted.

If you do not subscribe to the Windsor Square NewsBlast and would like to do so, email your request to newsblast@WindsorSquarePhoenix.org and state your full name and address.



Reverse lanes Update

Tom Simplot

The 7th Avenue and 7th Street reverse lanes action by the City Council on Dec. 14 prompted an overwhelming response from the community. Some applauded the public process and some voiced concerns about the outcome, but almost all expressed confusion about the Council vote.

In order to clarify the Council’s action and its outcome, it is first important to note that a minimum of five council votes is needed for any motion to pass. Regardless of how many members are present, a five-person majority is required on any action. When this item was heard on Dec. 14, there were seven voting members present. Unfortunately, the five votes needed to eliminate the reverse lanes were not at hand. So, as we often do, the Council had to compromise. What was ultimately approved by the City Council was a motion directing City staff to provide left turn opportunities at major east-west streets, create an education campaign instructing drivers on how to use the lanes, and increase Police enforcement along the 7’s. The objective is to ease cut-through traffic in neighborhoods, address the confusing nature of the lanes through education, and reduce speeding and aggressive driving with Police presence.

Our hope now is to ensure that comprehensive safety measures are implemented as quickly as possible.

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Online Campaign	Yes	Maybe
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REALTY EXECUTIVES

Resources (area code 602 unless shown otherwise)

Windsor Square Board of Directors

President	Vicki Hersh	vicki_hersh@yahoo.com	264-0971	Oregon
Vice President	Noelle Baker	noellebaker@me.com	374-8425	Orange
Secretary	Stephanie DePascal	sdepascal@cox.net	263-9669	Orange
Treasurer	Sean O'Donnell	seanod1@msn.com	296-5027	Colter
Member at Large	Sean Cunningham	sean.cunningham@aps.com	212-1121	Colter
Member at Large	Liz Eells	eells@cox.net	265-9144	Medlock
Member at Large	Tom Fitsimones	azfits@cox.net	738-5820	Orange
Member at Large	Blake Hastings	blkhstngs@cox.net	480-226-4767	Orange
Member at Large	Maureen Mackey	mmackey3@cox.net	265-8727	Medlock

District 11 Elected Officials

Sen. Adam Driggs (R)	926-3016	adriggs@azleg.gov
Rep. Eric Meyer (D)	926-3037	emeyer@azleg.gov
Rep. Kate Brophy McGee (R)	926-4486	kbrophymcgee@azleg.gov

CRIME STOP
(602) 262-6151

Elected City Officials

Mayor Phil Gordon	262-7111	mayor.gordon@phoenix.gov
Councilman Tom Simplot	262-7447	council.district.4@phoenix.gov

HAZARDOUS WASTE

The next Hazardous Household Waste collection will be April 28-30, at North Phoenix Baptist Church, 5757 N. Central Ave. Collection hours are 8 A.M.-2 P.M. For a list of materials the City will accept, go to www.phoenix.gov/publicworks.

Did you know that the second Wednesday after each HHW event, latex paint is available for distribution to Phoenix residents? Up to 20 gallons per household will be given on a first-come first-served basis. Please call 602-262-7251 for availability.

TAX ASSISTANCE

The Bret Tarver Learning Center has partnered with AARP to offer free tax assistance to. The program is available Wednesdays from 9:00 A.M. to 2:00 P.M. The Learning Center is at 1516 N. 35th Ave (SW corner of 35th Ave and McDowell). All tax assistance

is on a first-come first-served basis, and senior citizens will be given priority. Please bring a photo ID and all tax information. Call 602-262-7127 with questions about this program.

BULK TRASH

Set out date for the next quarterly street pickup of bulk trash is May 7. Trash collection begins May 16.

GRAND OLD FLAG

Steele Indian School Park is home to the largest flag pole and flag in Arizona. Due to budget constraints, the park is in desperate need of flags. The Phoenix Community Alliance is helping the Park with fundraising for this very important feature of the Park. If you are interested in fundraising or donating for this cause, please call Debbie Warren at 602-534-8659.

Windsor Square News
5025 N. Central Ave., PMB 516
Phoenix, AZ 85012